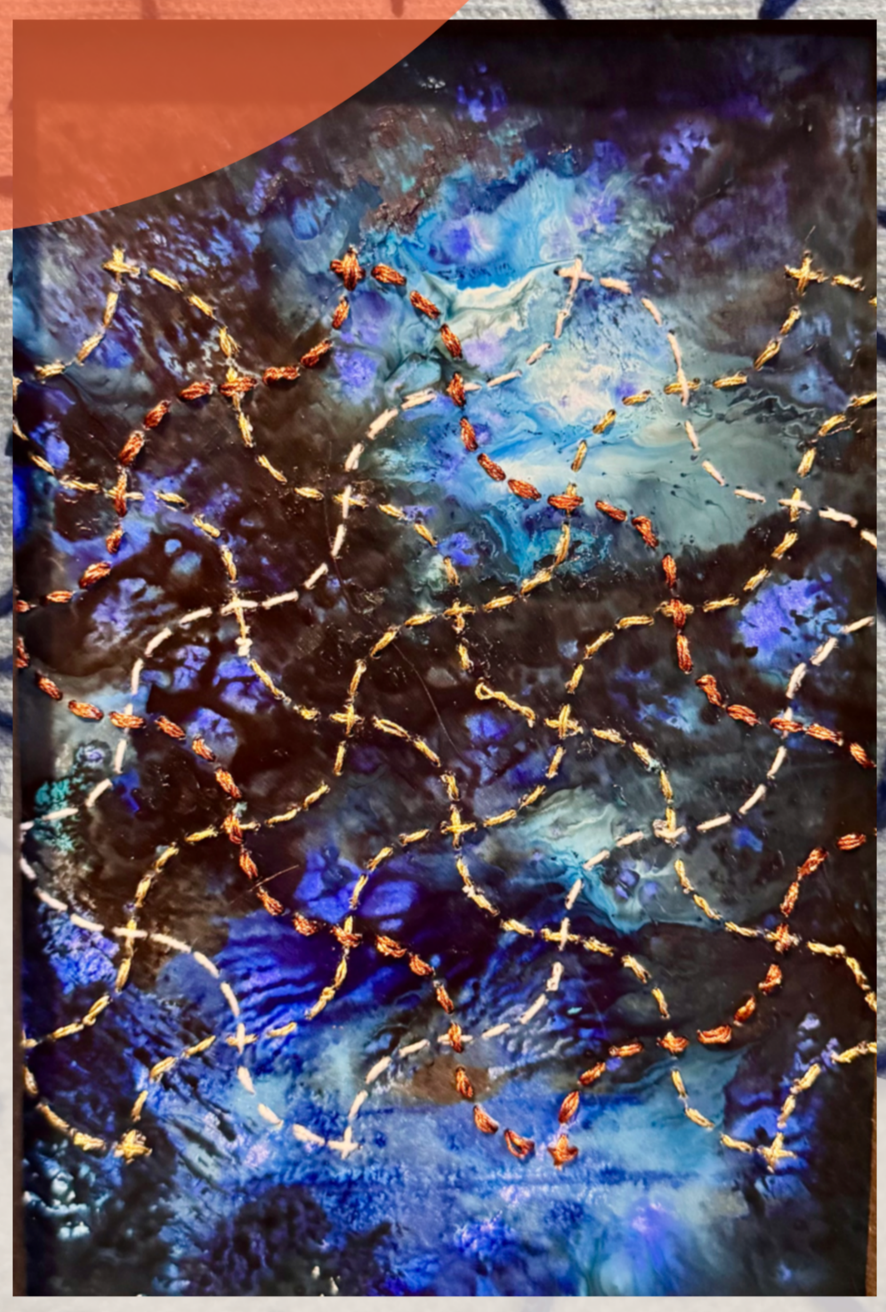
Feb 11, 2027
Trunk Show & Workshop

Sashiko with Belena Marquez

Class cost: $25
Kit cost: $35
Limit 20 Participants



In class you will learn:
- **A brief history of Sashiko**
- **Principles of Sashiko and How-to (We will use kits & students will begin a small piece)**
- **A brief overview of common patterns**
- **How to design your own piece (Simple and advanced examples)**

Belena fell in love with folk needlework at her grandmother's knee, where she learned cross-stitching, embroidery and linen crafts as she grew up in Southwestern Virginia, deep in the Appalachian Mountains. When she traveled to Japan In 2004 as a foreign exchange student, that love of needlework strengthened her bonds with her homestay mother and grandmother as they taught her traditional Japanese fabric arts as well as needlework techniques including Sashiko. Her homestay grandmother owned a kimono shop in the heart of historical Kyoto and Belena was able to see the beauty of traditional needlework not only in daily life, but also in Japanese traditional clothing and textiles. In addition to learning with her homestay family, Belena also studied Japanese art, language and culture at Doshisha Women's College in Kyoto.